

12 Fun Activities For Kids

1 Breakfast Cereal Beads

You need:

- Fruit loops
- String or wool

How to make it: Thread the string or wool through the fruit loops to make a necklace.



2 Rice Maracas

You need:

- Paper disposable cups
- Felt pens
- Uncooked rice
- Masking tape

How to make it: Fill paper cup half full of uncooked rice. Place empty cup on top. Tape the two cups securely together. Decorate with felt pens and have fun making music!



3 Ping Pong Game

You need:

- Ping pong balls
- Drinking straw
- Table

How to play: This one will keep the kids occupied for hours! Stand one at each side of the table and blow the ball back and forth. See how long you can keep the ball on the table.



4 My Holiday Diary

You need:

- Scrapbook or paper
- Scissors
- Glue
- Photos or magazines
- Colour pencils or crayons

How to make your book: Encourage your child to spend a little time each day drawing, cutting and pasting the things they have done today and/or the things they would like to do over their holidays. It makes a nice keepsake for your child. They can also make their book the focus on just one day such as a birthday, or a special day out.

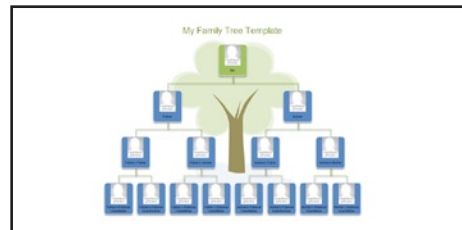


5 Family Tree

You need:

- Large sheet of card
- Old family photos
- Pencils or crayons
- Glue

How to make your family tree: Help your child arrange and stick a photo or drawing of each family member in their correct family tree order.



6 Hobby Horse

You need:

- Broom handle
- Sock
- Cord
- Wool

How to make it: Fill the sock with old material and then tie wool on the top for a mane. Slip the sock over the end of the broom handle and tape sock to handle. Model the sock into the shape of a horse's head and draw the face. Attach reins and have lots of fun with their very own hobby horse!



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7 Finger Puppets

You need:

- Old gloves
- Glue
- Felt pens
- Decorations such as buttons sequins, wool etc.

How to make it: Cut the fingers off the old gloves and decorate by drawing on faces and gluing on other decorations. The children will enjoy standing behind a chair to put on their very own puppet show.



8 Sock Puppet

You need:

- Old socks
- Felt pens
- Craft glue
- Buttons, sequins, wool etc.

How to make it: Draw on the mouth and stick on eyes. Your sock puppet might be a dog or a cat, a dinosaur or a monster, and is only limited by your child's imagination.



9 Coloured Glasses

You need:

- Cardboard lunch wrap or toilet roll cylinders
- Coloured cellophane
- Sticky tape

How to make it: Tape the coloured cellophane to the end of the cardboard cylinders and have fun looking at the world through different coloured "glasses".



10 Rockets

You need:

- Two meters of string
- Two chairs
- Masking tape
- Balloons
- Drinking straw

How to make it: Thread the string through the straw and tie it to the chairs. Move the chairs far enough apart to stretch the string tight. Blow up the balloon but don't tie the end off, hold it tightly closed while you tape the balloon across the top to the straw. Release the balloon and watch your rocket ship gooooo!



11 Mobile Phones

You need:

- Two funnels
- Plastic tubing to fit the end of the funnel

How to make it: Push the plastic tube onto the end of each funnel and have fun talking to each other from room to room.



12 Stethoscope

You need:

- Short length (about 90cm) of plastic tubing
- Two small funnels to fit the plastic tubing

How to make it: Push the plastic tube on to each end of the funnel. Place one end over your ear and the other over the heart. Listen to the changes in heart rate as you jump, run and rest.

